

Cape Fear Shag Club Newsletter



The Sandy Weejun

PO Box 3762, Wilmington, NC 28406

Visit our website: www.capefearshagclub.com

Join our group on Facebook: **Wilmington Shaggers**



Bi-Monthly Newsletter – January/February 2018 – Volume 31 – Issue 1

MESSAGE FROM OUR PRESIDENT:

Greetings Shaggers!

A lot of water has gone under the proverbial bridge since my last email to you. First of all, a very successful re-up party with many members opting for the annual membership fee. Secondly, our Christmas party was well received by all. The catering by K & W was spot on. It's difficult to please all when so many get together at one time. The only concern was the prime rib was thought to be a little too rare for a couple of members. DeeJay Betty Brown was exceptional as well. FYI Keith Thompson has already signed Betty Brown for next years' Christmas Party. All in all very successful. For that, a huge thank you. Christmas and New Years have come and gone, a nasty winter storm is hanging around and midwinter SOS is around the corner. Are you ready?

The two other most notable occurrences are the recent loss of two of our members - our friends Pamela Cremona and Eddie Baker. Pam from health reasons and Eddie due to an automobile accident. Very sad time indeed for their family and friends. Pam, in spite of poor health stayed very involved in our club as the newsletter committee chair. Eddie was one of our Hall of Famers and a professional deejay. "If you need a song let me know, I probably have it and I will email it to you" he said to me every time I saw him. Many Cape Fear Shag Club members responded to both tragedies with unselfishness and thoughtfulness. I am so proud of us as you should you be too. They are truly missed.

For those of you that haven't heard, 2018 is a milestone for our club. We are and will be celebrating 30 years of existence, thirty years of rhythm and blues, beach music and of course the "shag." But mostly 30 years of friendships, friendships that would never be were it not for "the Dance." Some of the charter members are still around and are still members. To them I say "Thank you!" Thank you for starting this wonderful club.

The entire board is very excited that 2018 marks our thirtieth year. We are working hard to come up with fresh ideas to make it the best year yet. If you have any ideas feel free to contact any of us. Yogi Wilson, Donnie Davis, Maggie Landreth, Bob Droysen, Keith Thompson, Linda Gordon and myself. Our numbers and email addresses can be found on the website www.capefearshagclub.com.

Our January meeting is going to involve some discussion and a vote or two before we get down to dancing. I'll do my best to move things along as quickly as possible. One change we are making for 2018 will be regarding food during the meeting. Yes there will be snacks provided by the Club but not to the extent that Dale L Thompson, Jr. and Lauren McClory provided. Those two worked extremely hard for each meeting for us. The next time you see one or the other, please thank them. Well done Dale and Lauren. Thank you for all that you did. Now you may even have time to dance.

One of the reasons for the change is near the end of the year. We want to have massive blow out parties in October, our anniversary month, and/or the November re-up party and cap the year off with our Christmas Party. As I mentioned earlier Keith has already procured Betty Brown as our DeeJay. Donnie Davis has already reserved the Pine Valley Country Club for the Christmas Party. A nicer venue and a wooden dance floor is always welcome. Thanks Donnie and Johnie.

Let's see, Azalea Festival shag contest, Junior Shaggers, Carolina Beach Music Festival, yep, yep and yep. Midwinter SOS, Spring SOS, Fall SOS. Yep, yep, and yep. Numerous free beach music concerts. Going to be another full and wonderful year. Now if we can just get this dang winter to go away.

"Peace, Love and Shag" that's all for now. Stay tuned for updates.

Bernie B, President

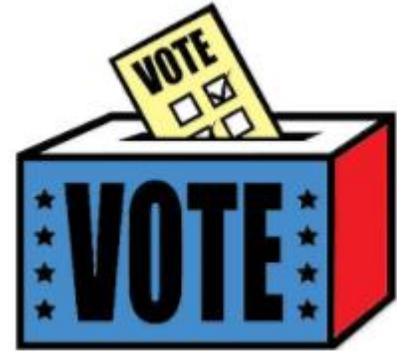
ELECTION RESULTS:

Our elections were held and voted on during on December meeting. Here are your 2018 slate of officers:

President	<i>Bernie Braak</i>
Vice President	<i>Yogi Wilson</i>
Treasurer	<i>Maggie Landreth</i>
Secretary	<i>Donnie Davis</i>
Sargent-at-Arms	<i>Bob Droyson</i>
Members-at-Large	<i>Linda Gordon and Keith Thompson</i>

2018 Committee Chairs:

By Laws	
Hall of Fame	
Historian	
Membership	<i>Martha Helms</i>
Music	<i>Keith Thompson</i>
Newsletter	
Communication	<i>Donnie Davis</i>
Social	
SOS	<i>Ron Sykes</i>
Special Concerns	<i>Toni Decker</i>
Ways and Mean	
Website	<i>Linda Meyer</i>



As you can see, we still have some vacancies in our much needed committees. If you can give any time at all to help in any of these areas, please let any of the board officers know. For those that have served in the past, thank you for your service and if you might be able to help us out maybe just one month at a time, let us know that as well.

COMMITTEE REPORTS:

- **By-Laws** = the by-law committee was chaired by Yogi Wilson last year. In accordance with our by-laws they are to be reviewed at the end of each year. Our proposed changes are included at the end of this newsletter. Please review each area as they will be discussed at the January meeting and voted on at the February meeting.
- **Hall of Fame** = No report
- **Historian** = this committee was headed by Susan Lueckenbach. Thank you Susan for all the pictures you captured of our club activities so they could be posted on the website. The best way to draw new members or guests to our events is to show them what a good time we have! And we do!
- **Membership** = Martha Helms reports that we have 124 members to our club! Welcome to all and thank you for renewing your membership. It's still early in the year and history shows that we continue to grow each month. If you haven't renewed or just want to join for the first time, you can find a 2018 membership form at the end of the newsletter or on our website. Download the form and send it in! Come join the fun!
- **Music** = Keith Thompson is heading this committee and already has many DJ's lined up! January we can look forward to David Sessoms to spin the tunes and Jeff Walston for February. If you know Keith, you know he loves good music!
- **Newsletter** = for this January/February newsletter, yours truly Linda Meyer has it covered. I'd love for someone to take over! Working full time and keeping the website up to date is enough for me! Let me know if you are

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interested – it would be yours to create with the main objective being to keep all the members informed on the who, what, where of our club!

- **Communication** = Donnie Davis will continue to keep us posted on all our communications. If you are not receiving emails from Donnie, please check with either her or Martha to be sure we have the correct email address for you. You don't want to miss anything!
- **Social** = Echoing what Bernie said in his letter, a big THANK YOU to Dale and Lauren for always having wonderful goodies for us this past year. We are in need of someone to fill this position but not their shoes! If you want to take just one month and volunteer let any of the board members know. I believe we have January covered. We would like to provide some snacks at each table, spend less and end the year with a bang! Think about it – we will need help organizing a picnic for April, May is our Jr Shagger event and Donnie heads that, Sept is our SOS picnic again, Oct should be big as it's our "anniversary" month, Nov is re-up, Dec is Christmas! We already have lots of ideas swirling around – we just need someone to keep everything organized. I hope I didn't scare anyone off!
- **SOS** = Ron Sykes continues to take the lead on this committee. If you haven't gotten your SOS card yet, you can contact Ron or Maggie.
- **Special Concerns** = let's hope we have a less tragic year. Thank you Toni Decker for continuing to head this committee. If you know of anyone that has a special concern, please let Toni know. Cards were sent to Eddie Baker's family and to Danny Stensil, who's in a nursing home in Hampstead.
- **Ways and Means** = No report
- **Website** = I must say, I do enjoy keeping our website updated. Any suggestions anyone has on how to make it more interesting, by all means, contact me, Linda Meyer! We do get many people visiting our area that check out our website and send emails inquiring about everything from taking lessons to asking where they can dance!

2018 DIRECTORY:

Pat Ellis put together a Cape Fear Shag Club Directory back in 2015. She has agreed to do another directory. If you are a member for 2018 you will be included in this directory. If there is a usable picture on our website of you, Pat will use that picture. We will also have a camera set up at our February meeting specifically for this purpose. If you have a picture you would rather use, you can send it to Pat Ellis at patriciaellis074@gmail.com.



THIS AND THAT:

- East Coast Shag Classic

Don't forget about this most worthwhile cause! If you want a getaway for Valentine's this could be it.

The East Coast Shag Classic
 "Be My Valentine Weekend Getaway"
 February 8 - 11, 2017
 Holiday Inn Resort
 Wrightsville Beach, NC

Enjoy a weekend filled with the great sounds of Carolina beach music and beautiful views of the Atlantic ocean at the luxurious Holiday Inn Resort in Wrightsville Beach, NC.



Band of Oz



Steve Owens & Summertime Band



Gary Lowder & Smokin' Hot
Feel the heat!

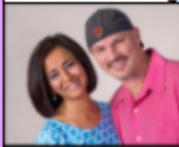


BLACK WATER
 Musical & Boat Race



Hill Family Band
 Sunday Gospel Hour & Continental Breakfast

Shag & Line Dance Instructors



Bobby & Cheryl Collins




Ken & Sandy Jones

2 & 3 Night HOTEL Packages
[Click here for more information about Hotel Packages](#)

Call Holiday Inn Resort
 Reservation Department
 7 days a week 10:00 am-5:00 pm
 Group Code "EC SC"
[1-877-330-5050](tel:1-877-330-5050)

NEW FOR 2018
2 & 3 Night TICKET ONLY Packages
[Click here for more information about Ticket ONLY Packages](#)



Help Us Offer Hope!

Visit hopeabounds.org/east-coast-shag-classic/
 to learn more about the East Coast Shag Classic
 charity event of Hope Abounds, Inc.

We hope that you will choose to help Hope Abounds, Inc. to provide Hope for those women, children and teens fighting cancer. A 501(c)(3) charitable organization that has dedicated itself to enhancing the life of the female, child and teen cancer patient. Hope Abounds does this by providing support services, support programs, educational opportunities, patient advocacy and financial assistance.

www.HopeAbounds.org

- Healthy eating:

Did you overdo it during the holidays? Is your New Year's resolution to eat better in 2018? Wilmington has some healthy options for you to visit. Check out the following restaurants:

5 Fresh Eateries To Kickstart Your Healthy New Year

The Local Yelp - Wilmington

You know the drill: It's a new year, so a new you is totally within reach. Even if you only keep it up until February, your body will thank you for these fresh eats this week. Whether you're into keeping things green or you're taking on meatless Mondays, here are five spots to ease the guilt of all those holiday treats!



Eatery17

★★★★★ 5 reviews
American (Traditional), Vegan
2547 S 17th St, Wilmington, NC



Cassandra B. wrote: "Pretty solid vegetarian options. I'm not a vegetarian but enjoy the curry and pad thai with tofu."



Lovey's Natural Foods & Cafe

★★★★☆ 36 reviews
Health Markets, Vegan, Vegetarian
1319 Military Cutoff Rd, Wilmington, NC



Charlotte H. wrote: "Great salad bar with warm food and soup options. So many vegetarian, vegan, and gluten free options. You also have the option of ordering sandwiches, wraps, and burgers off the menu... My two very favorite items are marinated kale and sesame noodles."



Epic Food Co

★★★★☆ 80 reviews
American (New), Coffee & Tea, Vegan
1125 Military Cutoff Rd, Wilmington, NC



Anna D. wrote: "Favorite clean eating spot in Wilmington. I suggest trying a few things off the menu before giving a true review, so many yummy options! All the girls who work there are so sweet and can make a mean coffee too."



Sealevel City Gourmet

★★★★☆ 77 reviews
Sushi Bars, Gluten-Free, Vegetarian
1015 S Kerr Ave, Wilmington, NC



Peter N. wrote: "An absolutely phenomenal place. Their food is delicious and they have tons of vegan options. From sushi to burgers to burritos, you will find what you want. The service is incredibly friendly and the prices reasonable. I look forward to going back."



The Foxes Boxes

★★★★☆ 17 reviews
American (New)
622 N 4th St, Wilmington, NC



Lisa S. wrote: "I really enjoyed Foxes Boxes. We loved it... I have now gotten to taste the chicken with brie and pear chutney, the kaibi beef, the egg/waffle stack, and the cuban... The broccoli is wonderful, and my daughter could not get enough of the potatoes!"

★ HAPPY ★
BIRTHDAY!

January Birthdays:

Abbey Beattie
Bernie Braak
Rose Davis
Gary Decker
Patty Edney
Helen Green
Jan Piner
Debby Prince
Maureen Schwarzer
Abe Walston
Sylvia Watkins



© wondercliparts.com

February Birthdays:

Eddie Baker
Phyllis Bayzle
Dorian Beighley
Sid Beighley
Lloyd Bowden
Bundy Henderson
Kathie Jordan
Susie Kempf
Lauren McClory
Brenda Whiteside

THIS IS THE COMPLETE 2018 SHAG CLUB SCHEDULE!

2018

January – MID WINTER						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
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28	29	30	31			

February						
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March						
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25	26	27	28	29	30	31

April – SOS						
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22	23	24	25	26	27	28
29	30					

May – JR SHAGGERS!						
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20	21	22	23	24	25	26
27	28	29	30	31		

June						
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17	18	19	20	21	22	23
24	25	26	27	28	29	30

July						
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29	30	31				

August						
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19	20	21	22	23	24	25
26	27	28	29	30	31	

September - SOS						
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23	24	25	26	27	28	29
30						

October						
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21	22	23	24	25	26	27
28	29	30	31			

November						
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25	26	27	28	29	30	

December						
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						1
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

January
12-14: Mid-Winter
27: CFSC Meeting
February
14: Valentine's Day
17: CFSC Meeting (change due to Women of Hope)
March
10: CFSC Meeting
30: Good Friday
April
1: Easter Sunday
20-29: Spring Safari
May
13: Mother's Day
19: JR SHAGGERS
June
9: CFSC Meeting
17: Father's Day
July
4: Independence Day
14: CFSC Meeting
August
11: CFSC Meeting
September
14-23: Fall Migration
October
13: CFSC Meeting
31: Halloween
November
10: CFSC Re-Up
22: Thanksgiving Day
December
8: CFSC Christmas Party
25: Christmas Day

Board meeting dates are the previous Wednesday a week before the regular meeting – exception July, October



Cape Fear Shag Club

Membership Application - 2018

New Member: []

Renewal: []

Applicants, please complete all sections and print to ensure accuracy in our files.

Cape Fear Shag Club (CFSC) brings together individuals who love the shag dance and its music, and who want to preserve, promote, and share the shag experience with others. We are a private club operated and governed by our members.

New members are voted in by the Board of Directors. The vote will take place after the application has been reviewed. The applicant will be notified by the Membership Committee or the President.

Those applying for membership in November and December will be granted membership through the end of the following year with voting privileges to begin at the January meeting.

Membership dues must accompany this application. Make checks payable to Cape Fear Shag Club.

Annual renewal membership dues are \$100, providing membership through the end of the following calendar year with no cover charge (excluding special events). Annual membership dues must be paid by the January meeting.

New member dues are \$30, providing membership through the end of the following calendar year with at \$10 cover charge for each meeting. After July 1, new membership dues are prorated to \$20.00, providing membership through the end of the current year.

Renewal dues are \$25, due January 1 each year with a \$10 cover charge for each meeting. Membership will be terminated if not paid by the January meeting. Lapsed members will pay the new member rate to reinstate.

Mail application and dues payment to: **Cape Fear Shag Club, PO Box 3762, Wilmington, NC 28406**. Alternately, bring completed application and dues payment to a regularly scheduled CFSC meeting.

Name: _____	Email Address: _____
Mailing Address: _____	City: _____
State _____	Birth _____
Zip: _____	Date: _____ Month: _____ Date: _____
Preferred _____	Alternate _____
Phone #: _____	Phone #: _____

The success of CFSC is directly tied to member participation and support. We ask each member to choose how you will support the club activities. Please place a check next to any committees you will work on and support.

- | | |
|---|--|
| <input type="checkbox"/> Membership: Assist in recruiting members, doing door duty at the meetings and social functions | <input type="checkbox"/> SOS: Assist in planning club SOS events, help with SOS card distribution. |
| <input type="checkbox"/> Social: Assist in planning and organizing CFSC social events | <input type="checkbox"/> Special Concerns: Member hospitality. |
| <input type="checkbox"/> Communication: Contribute or gather articles, photographs, assist in layout and production, assist in contacting members via email or postal. | <input type="checkbox"/> Ways & Means: Assist in CFSC fundraising events. |
| <input type="checkbox"/> Music: Assist in coordinating DJ's for events | <input type="checkbox"/> Hall of Fame: Assist in recognizing individuals for their contribution to the Dance. |
| <input type="checkbox"/> Historian: Assist in keeping CFSC historical records | <input type="checkbox"/> ByLaws: Assist in maintaining organization rules. |

None of the committee's appeal to you? Then please suggest putting your unique talents to use in some way we haven't thought of! What skills will you put to work for CFSC?

PROPOSED BY-LAWS CHANGES:

These items will be presented and discussed at the January meeting and voted on at the February meeting. Please plan on attending! To download a complete copy, go to www.capefearshagclub.com and click on the By-Laws tab.

Proposed 2018 By-Laws changes

In accordance to our By-Laws, CFSC is required to review the by-laws annually. Below are items for consideration that need to be eliminated, added, or changed. They will be discussed at the January meeting and voted on at the February meeting. For a complete by-law document, you can download from <http://www.capefearshagclub.org/by-laws.html>

ARTICLE III – MEMBERS

SECTION 3: INITIATION FEES

Initiation fees for new members shall be \$5.00 per person. Former members rejoining the Club who have allowed their membership to expire shall also pay the \$5.00 initiation fee.

SECTION 4: CLUB DUES

Club dues shall be assessed annually by the Board of Directors, due and payable on or before January 1 Membership will be terminated if dues are not paid in full as of January 31, ~~the January general meeting~~. A full year's dues will be assessed January 1st through June 30th and a minimum of half that amount from July 1st through October 31st. New members joining in November or December may pay next year's dues and will be afforded all membership privileges.

ARTICLE IV – OFFICERS

SECTION 3: DUTIES OF THE CLUB OFFICERS

A. AT-LARGE

1. Serves the clubs strategic needs by bringing consistency and best practices to the Board
2. At Large member is a board officer and will vote on all board issues
3. Shall serve on the By-Laws Committee

SECTION 4: TERMS OF OFFICE

The Officers of the Club shall be elected in the following manner. The Nominating Committee shall select a slate of officers willing to serve the next year and present the nominees to the Club membership at the October general meeting. Nominations will also be taken from the floor, with the consent of the nominated member in good standing. Nominations will be declared closed at the October meeting. Officers shall be elected by secret ballot at the November general meetings. In the event that nominees are unopposed, no secret ballot will be required but rather a vote to accept the slate of officers. Officers shall assume their duties on the first day of January following elections to office, to serve for a one year term. Consecutive terms of office are to be limited to two years. All officers are required to be out of office for one year before being eligible for elections to the same office. An officer may hold only one elected office at a time, except to temporarily fill vacancy due to resignations (see Duties of Vice President).

ARTICLE VIII – STANDING COMMITTEES

SECTION 1: TELEPHONE COMMUNICATION COMMITTEE DUTIES

1. Obtain current list of membership
2. Develop a telephone network for the purpose of notifying members of upcoming events
3. Provide an annual accounting of expenses to the Board of Directors in December

SECTION 7: SPECIAL CONCERNS COMMITTEE DUTIES

1. Send cards to members who may be ill, injured, or incapacitated or to the families of deceased members.
2. Send flowers or a memorial in memory of a deceased club member not to exceed \$35.00
3. If necessary, organize any visitations or food items, etc. for members or immediate family
4. Provide notification on the phone tree, with the consent of the member, in case of hospitalization, a death in the family, or a serious illness
5. Provide an annual accounting of expenses to the Board of Directors in December

SECTION 8: ADVERTISING COMMITTEE DUTIES

1. Obtain advertisers for newsletter
2. Establish rates for newsletter ads based on actual size of advertisement and terms of ad commitment
3. Maintain accurate records of advertiser's payments and expiration dates
4. Notify advertisers sixty (60) days prior to expiration of ads
5. Collect advertising fees and remit to the Treasurer
6. Coordinate and publicize Club events through the media
7. Provide an annual accounting of expenses to the Board of Directors in December